**A Trinity Sunday Communion**

**Image of icon**[https://en.wikipedia.org/wiki/Trinity\_(Andrei\_Rublev)](https://en.wikipedia.org/wiki/Trinity_%28Andrei_Rublev%29)

**A Lesson on the Trinity**

From <https://www.buildfaith.org/exploring-the-trinity-with-children/#gref>

A wonderful way to encourage children to see the work of the Holy Trinity is to use [**Rublev's Icon of the Trinity**](http://www.wellsprings.org.uk/rublevs_icon/)**.**  Invite a conversation with the following guide:

*Six hundred years ago not many people went to school. Not many kids learned how to read and write. And if you don't know how to read and write, then you wouldn't be able to read a Bible. So to help people understand God 600 years ago, church ministers used to paint pictures so that people who couldn't read and write could still learn about God. What can we learn about God from this picture? How many people are in this picture? All three people have exactly the same circle, the same "halo" (nimbus) around their heads. That's the glow of God. Now these three people are wearing four colors - green; brown; blue; gold. Six hundred years ago, blue was the color people painted God. Blue was God's color. Three people, all with circle halos around their heads. All wearing blue, the color of God. So the painter of this picture was saying that these three people are God.*

*What are the three people holding? They are all holding a long stick. Exactly the same length. Look at their hands. What hand is holding the stick? All three right hands are holding the stick. Now look at their other hands; all the left hands have two fingers pointing down. We can see that the painter is saying that these people are the same; same halos; same blue, the color for God; same way of holding a staff in the same right hand; same way of point their fingers. Three people, who are God, who are all exactly the same.*

*Yet as well as being exactly the same, these three people are also different. One person has green, the side closest to us. Green is the color of spring, the color of things that grow; that green person is the Holy Spirit of God - who wants you, and this church, to be green and grow. One person has brown. Brown is the color of dirt. That brown person is Jesus, who came to earth, put his feet on the ground, felt dirt between his felt. One person is gold. That person is God the Father; gold because of the beauty and God who created a beautiful earth. The painter is using a picture to tell us about God. That God is three persons: Spirit in green to help us grow; Jesus in brown walking in the dirt; the Father in gold who created this beautiful earth.*

**They are at a table, inviting us to come join them in the beautiful life they have for us. Let’s come to the communion table now and pray.**

**Prayer for Communion**

Adapted from: <http://d3n8a8pro7vhmx.cloudfront.net/unitedchurchofchrist/legacy_url/7135/ww63-2.pdf?1418431752>

O God, Loving Father Eternal, Creator of all time and space,

In this, our own time and place,

we give You thanks and praise for giving us life,

and inviting us to share in the history of a people who are blessed by your faithfulness,

 challenged by your prophets,

 forgiven by your mercy,

 and ever surprised by your power to do more, working in us, than we can ask or imagine.

**picture:**<https://www.lds.org/media-library/images/pictures-of-jesus-with-children-1126945?lang=eng>

We thank You for your life expressed in our brother Jesus

--Bone of our bone and flesh of our flesh—

Whose life, death and resurrection reveal You fully:

 your love for humanity, your desire for human freedom, your passion for justice.

**picture:**<https://www.lds.org/media-library/images/jesus-last-supper-bread-1123794?lang=eng>

We remember that Jesus, gathered at table with his friends in a time of struggle and fear,

took bread, blessed it and gave it to them saying “Take and eat: for this is my body..”

And after supper, Jesus looked forward to your desired day of joy and power;

and took the cup of wine, blessed it and said “Take this, all of you, and drink.

This is the cup of the new covenant in my blood.

I will share this meal with you again in the reign of God.

Share this bread and this cup in memory of me.”

**Let us eat and drink in memory of Jesus - come, take and eat in your own time.**

**Song:** Holy Holy Holy, Audrey Aussad  - <https://www.youtube.com/watch?v=AgHrNNM23p8> or Be Thou My Vision, Audrey Aussad <https://www.youtube.com/watch?v=Optrm7lF16s>

Come now, Holy Spirit of God— As You were present at creation, be present now,

 and let these gifts of bread and cup become for us the Bread of Life and the Cup of Blessing.

 As You were sent by Jesus to accompany us on our journey of faith, be present now, and make this community, in receiving this bread and cup, one body in Christ.

**The Lord’s Prayer**